

## HELPS TO WORSHIP AT HOME IN JUNE

+ **In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.**

*(You may like to pause for a few moments to remember God's presence as you draw near to meet him in worship and prayer today.)*

Loving God,

we seek your presence in silence beyond words,  
looking to you for comfort, strength, protection and reassurance,  
breathing with gratitude, holding on in hope.

We trust with faith that you are still God  
in the midst of the turmoil around us.

We know that your love reaches to the ends of the earth  
and that you are present with us now as we approach you  
Father, Son and Holy Spirit.

*Look back over the past week and think of all those things that you are thankful for then say psalm 100:*

Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.  
Know this: The Lord himself is God,  
he himself has made us and we are his;  
we are his people and the sheep of his pasture.  
Enter his gates with thanksgiving;  
go into his courts with praise;  
give thanks to him and call upon his name.  
For the Lord is good; his mercy is everlasting;  
and his faithfulness endures from age to age.

*Where in our lives do we need forgiveness and healing? Recall your sins and failures:*

Father of all, in our pride and weakness we have failed you and we are truly sorry.  
For the sake of your Son, Jesus, our Saviour, who died and rose again for us, forgive  
our sins and bind us to you with cords of compassion that we may once again walk in  
the light of your love.

Our Father...

### THE COLLECTS AND READINGS FOR THIS MONTH

#### THE FIRST SUNDAY AFTER TRINITY (6<sup>TH</sup>)

O God, the strength of all those who put their trust in you, mercifully accept our prayers  
and, because through the weakness of our mortal nature we can do no good thing without  
you, grant us the help of your grace, that in the keeping of your commandments we may

please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, on God now and for ever. Amen.

Gospel: St Mark 3: 20-35

**THE SECOND SUNDAY AFTER TRINITY (13<sup>th</sup>)**

Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Gospel: St Mark 4: 26-34

**THE THIRD SUNDAY AFTER TRINITY (20<sup>th</sup>)**

O God, whose beauty is beyond our imagining and whose power we cannot comprehend, show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour. Amen.

Gospel: St Mark 4: 35-41

**THE FOURTH SUNDAY AFTER TRINITY (27<sup>th</sup>)**

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God now and for ever. Amen.

Gospel: St Mark 5: 21-43

**THE FIFTH SUNDAY AFTER TRINITY (4<sup>th</sup> JULY)**

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. Amen.

Gospel: St Mark 6: 1-13

*Now you may like to spend a little time pondering over the words of the Gospel you have just read and asking yourself: 'What is God saying to me in these words today?' Remember these are not 'dead' words but the Living Word of the Living Lord speaking to us today: so read them slowly and prayerfully with an attentive heart. After a while use the words of a hymn like this to sum up your thoughts:*

O may this bounteous God  
Through all our life be near us,  
With ever joyful hearts

And blessed peace to cheer us;  
And keep us in his grace,  
And guide us when perplexed,  
And free us from all ills  
In this world and the next.

*We ask God to give us spiritually the same grace we share when we physically receive Holy Communion:*

**Lord, I am giving you worship with all my life.  
I am giving you love with all my heart.  
I am giving you my being with all my mind.  
I am giving you my soul, most high and holy God.  
Lord Jesus, I thank you for giving yourself to me,  
for your grace to strengthen me  
and your love to uphold me.**

*Pray for all those situations you wish to bring before the Lord using your own words. You may like to add the prayers which follow:*

Father, we pray that you would protect those in our world who are most vulnerable to the coronavirus. We lift up to you the elderly and the frail, those who have pre-existing health conditions and those without access to medical care, particularly in countries where there are limited resources. Give governments wisdom as they put in preventative measures, that nations will collaborate with each other and serve each other. Help us all to understand what it really means to love our global neighbours as ourselves.

As we pray for the Church we remember all who are to be ordained at this time. In our parish we pray for Sarah to be made a deacon (and thank God for the time she has spent with us over the year), and we thank God for the ministry of Bidy, our curate, to be ordained priest, and Jonathan, Hywel and Felicity, our Reader in their ministries. Guide us with your Holy Spirit that we may find new ways of connecting with each other in the days that lie ahead.

We pray too for those returning to work, for those who have lost their jobs, for families struggling to face life, for our schools as teachers take on new responsibilities, and for those returning to places which now hold memories of sickness, of trauma and of pain. May they be aware of the Lord who walks beside them and ahead of them.

Circle me, Lord  
with the sacrifice of your Cross  
by which I am redeemed.  
Circle me with the love that took you there.  
Circle me always with

the Power of the Holy Spirit  
who raised you to life  
and enables me to live for you  
and may your blessing be upon us all  
today and always. Amen